Energy and economic sustainability in the renewal of centralized heating systems using hybrid heat pump systems

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Abstract. In the context of the energy transition policies desired by the EU, the objectives set by 2030 include the reduction of greenhouse gas emissions, the achievement of greater energy savings and the increase in the use of renewable energy. This study, after an analysis concerning the Italian building stock, aims to highlight a possible first step towards achieving these objectives: the renewal of centralized heating systems in multi-dwelling buildings. In fact, on the national scenario there are about 430,000 condominiums with centralized heating system built before 1990 and, therefore, possibly liable to energy efficiency. In this research a case study building was simulated using the software EnergyPlus in which a renovation of the existing heating system was modelled in the Matlab/Simulink environment with an innovative hybrid generator consisting of an air/water heat pump and a condensing boiler. The analysis of this solution, carried out for three different Italian climatic zones, highlights how significant reductions in CO2 emissions can be achieved, high energy savings in terms of primary energy use and savings regarding usage costs, thus achieving greater comfort and sustainability. In addition, an economic analysis was carried out comparing different combinations of systems with the aim of identifying the best solution for each application.

Summary

This study aims to investigate the renewal of thermal power plants in multi-dwelling residential buildings with a view to achieving the goals set by the European Union in the field of energy performance in buildings (*Directive (EU) 2018/844*).

An analysis of the Italian building stock shows that, in the national scenario, there are about 430,000 multi-dwelling buildings with centralized heating systems built before 1990 and, therefore, possibly subject to energy efficiency. This study analyses the energy optimization of a centralized heating system, using as a generator, a hybrid system consisting of an air/water heat pump and a condensing boiler, in multi-dwelling buildings. For this reason, a case-study building consisting of ten apartments, and inhabited by thirty people, has been modelled with an envelope from the 1960s, not thermally insulated. The same building was

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then simulated dynamically on an hourly basis, using the *OpenStudio* and *EnergyPlus* software, in two different Italian climatic zones: Milan and Rome.

Once the energy needs and external air conditions in the two climatic zones have been identified, a block diagram was designed in a *Matlab/Simulink* environment that describes the behavior of the hybrid system. To do this, the two generators have been modelled using polynomial functions that implement the real operating data of the thermal machines considered. The operation of the hybrid generator was simulated, in each case, with two different types of terminals: high temperature ($T_{max} = 70$ °C) and low temperature ($T_{max} = 40$ °C). The regulation of the delivery temperature was determined through appropriate climatic curves in order to further improve energy efficiency at partial loads (delivery temperature as a function of the external temperature).

After collecting the results from the block diagram, an energy analysis was carried out to find the most efficient and, at the same time, more sustainable solution for each case treated. Finally, was performed an economic analysis of the investment. To do this, various economic indices were evaluated, including: *Net Present Value* (NPV), *Internal Rate of Return* (IRR), *Payback Period* and *Daily Cost* considering the discounting of costs.

The results show that are achieved significant reductions in CO_2 emissions, high energy savings in terms of primary energy use and savings regarding the utilization costs, thus achieving greater sustainability. In addition, the economic analysis certifies that there is significant reduction in the initial investment (compared to a *stand-alone* heat pump) and reduced payback times thanks to the actual Italian incentive (*Ecobonus 65%* or *Superbonus 110%*).

1. Introduction

As part of the energy transition policies desired by the European Union, the current strategic program is determined based on the global integrated climate and energy policy adopted by the European Council on 24th October 2014 and revised in December 2018, which provides for the achievement of the following goals by 2030:

- Reduce greenhouse gas emissions by 40% compared to 1990 levels;
- Increase the share of renewable energy in energy consumption to 32%;
- Improve energy efficiency to 32.5%.

The revised directive on the energy performance of buildings (*Directive (EU) 2018/844*) establishes roadmaps with indicative milestones for 2030, 2040 and 2050 and long-term strategies to enable Member States to support park renovation of residential and non-residential buildings, both public and private, in order to achieve an energy-efficient and decarbonized building stock by 2050. In October 2020, the Commission published the new strategy on the wave of renovations (*COM 2020/662*) which aims to double annual energy renovation rates over the next ten years.

This study, after an analysis concerning the Italian building stock, aims to highlight a possible first step to achieve these objectives: the renewal of thermal power plants in multi-dwelling buildings. In the national scenario there are about 430,000 multi-dwelling buildings with centralized heating systems built before 1990 and, therefore, possibly subject to energy efficiency.

In this research a case study building was modelled, in which a renewal of the thermal power plant was hypothesized where an innovative hybrid generator, consisting of an air/water heat pump and condensing boiler, replaces a standard efficiency boiler.

2. Analysis of residential buildings in Italy

In order to characterize the Italian residential buildings stock, the data resulting from the 15th Italian census, collected by the National Statistical Institute (*ISTAT*) in 2011 [1], have been analysed, to divide the existing buildings on the basis of:

- Year of construction;
- Geographical distribution of the considered buildings;
- Average number of dwellings per building;
- Type of heating system installed.

Each of the categories listed has been evaluated for five different Italian geographical areas: Northeast, Northwest, Center, South and Islands.

Table 1 shows the results that emerged from the data analysis, while *Table 2* shows the percentage distribution of the years of construction of the considered residential buildings:

Table 1. Geographical distribution andabsolute values of residential buildings, withcentralized heating system, with 5 or moredwellings.

| Buildings, with centralized heating system, with 5 or more dwellings | | | |
|--|---------|--|--|
| Northeast | 94,054 | | |
| Northwest | 240,395 | | |
| Center | 98,338 | | |
| South | 46,531 | | |
| Islands | 21,134 | | |
| ITALY | 500,452 | | |

 Table 2. Percentage distribution of the years of construction of the considered residential buildings.

| Years of construction of residential buildings – percentages | | |
|---|-------|--|
| Before 1946 | 25.9% | |
| 1990 - 1946 | 60.2% | |
| 2000 - 1991 | 7.1% | |
| After 2000 | 6.8% | |

Multiplying the data in *Tab. 1* by the percentage distribution in *Tab. 2*, we obtain that in Italy there are 430,889 multi-dwelling buildings built before 1990, 48% of them are located in the Northwest area.

3. Model of the case study building and simulation in dynamic regime

Moving on to the case study, a building consisting of 10 apartments, distributed over 5 floors, has been modelled using 3D modelling software. Once we created the building model, through the OpenStudio plug-in (Energy Plus user-friendly interface), we defined the thermal zones, whose behavior was then studied using the software mentioned above.



Fig. 1. 3D model of the building and division into thermal zones.

Once the envelope of the building has been defined, the following characteristics have been defined in OpenStudio:

- Internal loads (internal mass, air infiltration, electrical equipment, ...);
- Weather file;
- Features of the loads (Schedules);
- Stratigraphy.

The data and materials characterizing the stratigraphy were defined by the Piacenza Energy & Environment Laboratory (LEAP) and describe the typical envelope of a 1960 building, resulting not thermally insulated [2].

The software allows to simulate the behaviour in dynamic regime, on an hourly basis, of the modelled building. In the considered heating period (15^{th} October – 15^{th} April), we obtain the following values of energy demand and peak power:

Table 3. Values of energy needs and peak power, in the heating period, for the two considered cities.

| CITY | ENERGY DEMAND [kWh] | PEAK POWER [kW] |
|-------|------------------------|-----------------|
| Milan | 98,624.97 | 61.41 |
| Rome | 45,114.23 | 51.31 |

The distribution of energy needs, depending on the external air temperature, is:



Fig. 2. Distribution of energy needs [kWh] as a function of the outside air temperature [°C] - Milan.

The peak value, regarding the energy demand, stands at 9,312.80 kWh, which corresponds to an external temperature of 3 °C. The interval between -1 °C and 6 °C corresponds to an energy demand of 57,953.84 kWh, equal to 58.8% of the total.



Fig. 3. Distribution of energy needs [kWh] as a function of the outside air temperature [$^{\circ}C$] – Rome.

The peak value stands at 4,293.46 kWh, which corresponds to an external temperature of 9 °C. The interval between 7 °C and 14 °C corresponds to an energy demand of 29,283.41 kWh, equal to 64.9% of the total. This fact highlights how the climate is warmer than in the previous case.

4. Hybrid system model in Matlab/Simulink environment

After defining the case study, a block diagram has been created in the *Matlab/Simulink* environment that describes the operation of the hybrid generator consisting of:

- 1. Baxi *PBM2-i* heat pump, air/water with power modulation (inverter), R410A refrigerant;
- 2. Baxi Luna Duo-Tec MP+ condensing boiler.

In addition to the two generators described above, has been simulated the presence of a thermal storage tank (500 liters).

The block diagram consists of seven groups that describe the following variables:

- Delivery temperature (climatic curve);
- Full load power of the heat pump;
- Operating limits, in heating, of the heat pump;
- Electric power absorbed by the heat pump;
- Thermal losses of the storage tank;
- Boiler efficiency;
- System operating logics.

The operation of the generators has been implemented through polynomial functions, obtained from the real operating data of the considered machines:

• Thermal power supplied (1) and electrical power absorbed (2) by the heat pump [kW]:

$$P_{t,hp} = f(T_{ext}, T_d, Q_{building})$$

$$P_{e,hp} = f(T_{ext}, T_d, Q_{building})$$

(1)

(2)

Boiler efficiency (3) and hourly volume of natural gas used [Sm³] (4):

(3)

(4)

$$\eta_{t,b} = f(T_d)$$

$$V_{gas} = \frac{P_{t,b}}{\eta_{t,b} \cdot LHV_{gas}}$$

Hourly heat losses of the storage tank [kWh]:

$$Q_{loss} = K \cdot S \cdot \Delta T \tag{5}$$

Where: T_{ext} = outside air temperature[°C]

 $\begin{array}{l} T_d = delivery \ temperature \ [^{\circ}C] \\ Q_{building} = energy \ demand \ of \ the \ building \\ P_{t,b} = thermal \ power \ supplied \ by \ the \ boiler \ [kW] \\ LHV_{gas} = lower \ calorific \ value \ of \ natural \ gas \ [kWh/Sm^3] \\ K = heat \ transfer \ coefficient = 0.002 \ [kW/m^2 \ K] \\ S = surface \ function \ of \ the \ storage \ geometry \\ \Delta T = temperature \ difference = \ T_{storage} - \ T_{ext,storage} \end{array}$

The operation of the hybrid generator has been simulated through the integration logic of the Baxi *Hybrid Power* system: the heat pump has the priority of intervention, while the boiler integrates when the heat pump does not satisfy the entire load or when the demand of the system exceeds its operating limits. Furthermore, it was considered that both generators are able to modulate the power supplied according to the real behavior of the products. The data deriving from the hourly simulation were collected in a database, to allow the desired analysis to be implemented.

The hybrid system was simulated considering different generator sizes:

Table 4. Combinations between the powers of the generators.

| CITY | COMBIN | ATION 1 | COMBINATION 2 | | COMBINATION 3 | |
|-------|--------|---------|----------------------|--------|----------------------|--------|
| CITT | HP | Boiler | HP | Boiler | HP | Boiler |
| Milan | 20 kW | 70 kW | 35 kW | 70 kW | 42 kW | 90 kW |
| Rome | 20 kW | 60 kW | 25 kW | 60 kW | 35 kW | 70 kW |

The sizes described have been chosen in such a way that the boiler can always supply peak demands and the ratio between the power of the heat pump and the power of the boiler is always ≤ 0.5 , fundamental condition for accessing the incentive *Superbonus 110%*.

5. Data analysis: energy optimization

The following parameters have been calculated for each simulated city and hybrid system combination:

- Fraction of the energy demand covered by the two generators;
- Use of primary energy, considering the following conversion factors (UNI/TS 11300) [3, 4]:

Table 5. Primary energy conversion factors (excluding transport).

| Energy Vector [kWh] | Conversion Factor |
|-----------------------------|--------------------------|
| Electricity (from the grid) | 2.174 |
| Natural Gas | 1.00 |

• Carbon dioxide emissions (CO₂), considering the following emission factors:

| | Fable 6. | Carbon | dioxide | emission | factors. |
|--|----------|--------|---------|----------|----------|
|--|----------|--------|---------|----------|----------|

| Energy Vector [kWh] | Emission Factor [kgco2/kWh] |
|-----------------------------|-----------------------------|
| Electricity (from the grid) | 0.4332 |
| Natural Gas | 0.1998 |

Annual utilization costs, considering the following unit costs:

| Energy Vector [kWh] | Unit | Unit Cost |
|-----------------------------|--------------------|-----------|
| Electricity (from the grid) | €/kWh | 0.20 |
| Natural Gas | €//Sm ³ | 0.80 |

These quantities have been compared with the ones resulting from the utilization of a standard efficiency boiler, in order to quantify the savings achievable in the case of renewal of the thermal plant, where the obsolete generator is installed.

The results obtained for each city, system combination and type of plant terminals are shown below:

1. Milan (Climatic Zone E) - High Temperature Terminals

The utilities are served by a variable flow temperature according to the external temperature. The hypothesis is to provide the terminals with the T_{design} temperature equal to 70 °C and a T_{min} equal to 50 °C.



Fig. 4. Operating limits, in heating, of the heat pump and high temperature climatic curve.

Deepening the topic of regulation of the temperature supplied to the system through a climatic curve, in *Fig. 4* the climatic curve $T_d = f(T_{ext})$ is shown in blue and the operating limits of the heat pump in red. In these conditions the heat pump will only be able to work in a limited operating range due to the high delivery temperatures. The intersection between the two curves allows to identify the $T_{cut-off}$ of this generator.

| | | | GENERATORS | | |
|---------------------------|-----------|-------------------|--------------------------|--------------------------|--------------------------|
| Parameters | Generator | Unit | HP 20 kW BOILER 70 kW | HP 35 kW BOILER 70 kW | HP 42 kW BOILER 90 kW |
| | HP | | 21862,39 | 29192,89 | 30859,51 |
| Primary energy | BOILER | kWh | 64121,58 | 51753,14 | 48993,76 |
| | TOTAL | | 85983,97 | 80946,03 | 79853,28 |
| | HP | | 4356,39 | 5817,09 | 6149,19 |
| CO ₂ emissions | BOILER | kg _{CO2} | 12811,49 | 10340,28 | 9788,95 |
| | TOTAL | | 17167,88 | 16157,37 | 15938,15 |

Table 8. Environmental aspects, high temperature plant - Milan.

| | | GENERATORS | | | |
|---------------------------|-----------------|--------------------------|--------------------------|--------------------------|--|
| Parameters | Unit | HP 20 kW BOILER 70 kW | HP 35 kW BOILER 70 kW | HP 42 kW BOILER 90 kW | |
| Energy demand | kWh | | 98624,97 | | |
| Energy provided LID | kWh | 37167,20 | 49337,13 | 52039,47 | |
| Energy provided - HP | % | 37,69% | 50,02% | 52,76% | |
| Enorgy provided Poiler | kWh | 61457,77 | 49287,84 | 46585,51 | |
| Ellergy provided - Boller | % | 62,31% | 49,98% | 47,24% | |
| Electricity absorbed HD | kWh | 10056,29 | 13428,19 | 14194,81 | |
| Electricity absorbed - HP | € | 2011,26 | 2685,64 | 2838,96 | |
| | Sm ³ | 5983,95 | 4829,70 | 4572,19 | |
| Natural gas - Boiler | kWh | 64121,58 | 51753,14 | 48993,76 | |
| | € | 4787,16 | 3863,76 | 3657,75 | |
| Usage cost | € | 6798.42 | 6549.40 | 6496.71 | |

 Table 9. Operational aspects, high temperature plant – Milan.

The energy demand of the building covered by the 20 kW heat pump is equal to 37.7%, while in the system with a 35 kW heat pump the satisfied fraction rises to 50.0%, up to 52.8% considering the larger size of this generator, 42 kW.

The coverage of the heat pump can never be total due to the temperatures required by the system that exceed the operating range of the unit.





Fig. 5. Satisfaction of the energy needs for the three combinations - Milan, high temperature.

It is evident that, in the three considered configurations, the energy demand required at T_{ext} < +2 °C is completely satisfied by the boiler (fraction corresponding to 40.7% of the total). The result is that, considering the required delivery temperature and the operating limits, the heat pump has $T_{cut-off} = +2$ °C, the temperature below which this generator does not work. Comparing the three system configurations, it is clear that, in the case of configuration with the 20 kW heat pump, the latter contributes 25.4% both in terms of primary energy use and CO₂ emissions. In the case of a 35 kW heat pump, the percentage rises to 36.1% and 38.6% with a 42 kW heat pump. The reduction in the use of primary energy, between the first and the last configuration of the hybrid system, stands at 6,130.7 kWh, equivalent to a decrease of 7.13%. Regarding CO₂ emissions, the reduction is equal to 1,229.7 kg_{CO2}, equivalent to a decrease of 7.16%.

2. Milan (Climatic Zone E) - Low Temperature Terminals

Low temperature application is the best condition to propose an hybrid system. The hypothesis is to provide the terminals with the T_{design} temperature equal to 40 °C and a T_{min} equal to 25 °C.



Fig. 6. Operating limits, in heating, of the heat pump and low temperature climatic curve.

In this condition, the heat pump is always able to supply power to the system as the operating range is able to cover the temperatures required in any external condition. In this analysis the efficiency of the heat pump is always higher than the efficiency of the boiler, therefore a generator is not turned off for reasons of energy convenience. The boiler therefore always integrates the heat pump to complete the load requirement.

| | | | GENERATORS | | |
|---------------------------|-----------|-------------------|--------------------------|--------------------------|--------------------------|
| Parameters | Generator | Unit | HP 20 kW BOILER 70 kW | HP 35 kW BOILER 70 kW | HP 42 kW BOILER 90 kW |
| | HP | | 38213,26 | 54614,52 | 58982,01 |
| Primary energy | BOILER | kWh | 37399,10 | 13405,05 | 7194,11 |
| | TOTAL | | 75612,36 | 68019,58 | 66176,12 |
| | HP | | 7614,53 | 10882,71 | 11752,99 |
| CO ₂ emissions | BOILER | kg _{CO2} | 7472,34 | 2678,33 | 1437,38 |
| | TOTAL | | 15086,87 | 13561,04 | 13190,38 |

| Table TV. Environmental aspects, low temperature plant minan |
|---|
|---|

| Table 11. Ope | erational aspects | , low temperature | plant - Milan. |
|---------------|-------------------|-------------------|----------------|
|---------------|-------------------|-------------------|----------------|

| | | GENERATORS | | | | |
|---------------------------|-----------------|--------------------------|--------------------------|--------------------------|--|--|
| Parameters | Unit | HP 20 kW BOILER 70 kW | HP 35 kW BOILER 70 kW | HP 42 kW BOILER 90 kW | | |
| Energy demand | kWh | | 97750,84 | | | |
| | kWh | 59961,94 | 84216,01 | 90491,24 | | |
| Energy provided - HP | % | 61,34% | 86,15% | 92,57% | | |
| Energy provided - Roiler | kWh | 37788,89 | 13534,82 | 7259,59 | | |
| Energy provided - Boner | % | 38,66% | 13,85% | 7,43% | | |
| Electricity absorbed - HP | kWh | 17577,40 | 25121,68 | 27130,64 | | |
| | € | 3515,48 | 5024,34 | 5426,13 | | |
| | Sm ³ | 3490,15 | 1250,98 | 671,37 | | |
| Natural gas - Boiler | kWh | 37399,10 | 13405,05 | 7194,11 | | |
| | € | 2792,12 | 1000,79 | 537,09 | | |
| Usage cost | € | 6307,60 | 6025,12 | 5963,22 | | |

It is interesting to see that this type of plant allows to satisfy most of the thermal load using the heat pump even in the smaller size configuration of this generator (20 kW).





Fig. 7. Satisfaction of the energy needs for the three combinations – Milan, low temperature.

It is clear that the heat pump covers most of the energy needs of the building and the boiler only integrates peak demands. As already previously introduced, this is possible due to the fact that the temperature regulation with a climatic curve allows to work within the operating limits of the heat pump even at low external air temperatures, since the maximum delivery temperature required from the plant is equal to 40 °C. Furthermore, this type of regulation, in the case of a low temperature system, ensures that there is not a *cut-off* temperature of the heat pump but, on the contrary, this generator is able to work in the whole outdoor air temperature range.

The energy demand of the building covered by the 20 kW heat pump is equal to 61.3%, while in the configuration of the system with the 35 kW heat pump, the fraction satisfied increases to 86.1%, up to 92.6% considering the larger size of this generator, 42 kW.

Comparing the three combinations of the system, it is clear that, in the case of a 20 kW heat pump, this generator contributes 50.5% both to the use of primary energy and to CO_2 emissions. In the case of a 35 kW heat pump, the percentage rises to 80.3%, up to 89.1% in the case of a 42 kW heat pump. The reduction of primary energy used, between the first and last configuration of the hybrid system, stands at 9,436 kWh, equivalent to a decrease of 12.48%. Regarding CO_2 emissions, the reduction is equal to 1,896.5 kg_{CO2}, equivalent to 12.57%.

| 2 | Dama | (Climatia | Zama D) | TT: 1 | Tamananatana | Toursinals |
|----|------|-----------|---------|--------|--------------|------------|
| э. | Rome | | Lone D | – High | Temperature | Terminals |

| | | | | GENERATORS | |
|---------------------------|-----------|-------------------|--------------------------|--------------------------|--------------------------|
| Parameters | Generator | Unit | HP 20 kW BOILER 60 kW | HP 25 kW BOILER 60 kW | HP 35 kW BOILER 70 kW |
| Primary energy | HP | | 18368,01 | 19460,11 | 20178,10 |
| | BOILER | kWh | 11927,08 | 9933,57 | 8609,82 |
| | TOTAL | | 30295,09 | 29393,67 | 28787,92 |
| | HP | | 3660,08 | 3877,70 | 4020,77 |
| CO ₂ emissions | BOILER | kg _{CO2} | 2383,03 | 1984,73 | 1720,24 |
| | TOTAL | | 6043,11 | 5862,43 | 5741,01 |

Table 12. Environmental aspects, high temperature plant – Rome.

Table 13. Operational aspects, high temperature plant - Rome.

| | | GENERATORS | | | | |
|-------------------------|-----------------|--------------------------|--------------------------|--------------------------|--|--|
| Parameters | Unit | HP 20 kW BOILER 60 kW | HP 25 kW BOILER 60 kW | HP 35 kW BOILER 70 kW | | |
| Energy demand | kWh | kWh 45114,23 | | | | |
| Energy provided LID | kWh | 33686,43 | 35652,30 | 36951,40 | | |
| Energy provided - HP | % | 74,67% | 79,03% | 81,91% | | |
| Energy provided Deiler | kWh | 11427,80 | 9461,92 | 8162,82 | | |
| Energy provided - Boner | % | 25,33% | 20,97% | 18,09% | | |
| Electricity absorbed HD | kWh | 8448,95 | 8951,29 | 9281,55 | | |
| | € | 1689,79 | 1790,26 | 1856,31 | | |
| | Sm ³ | 1113,06 | 927,02 | 803,48 | | |
| Natural gas - Boiler | kWh | 11927,08 | 9933,57 | 8609,82 | | |
| | € | 890,45 | 741,62 | 642,79 | | |
| Usage cost | € | 2580,24 | 2531,87 | 2499,10 | | |

The energy need covered by the 20 kW heat pump is 74.7%, while in the configuration of the system with a 25 kW heat pump the fraction satisfied increases to 79.0%, up to 81.9% considering the larger size of this generator, 35 kW.





Fig. 8. Satisfaction of the energy needs for the three combinations - Rome, high temperature.

It is evident from the graphs that the energy demand required at $T_{ext} < +5$ °C is completely satisfied by the boiler (fraction corresponding to 17.9% of the total). It follows that, considering the required delivery temperature and the operating limits, the heat pump has $T_{cut-off} = +5$ °C and this means that below this temperature the generator does not work.

Moving on to describe the data in *Tab. 12*, we can see that, in the case of configuration with the 20 kW heat pump, this generator contributes 60.6% both as regards the use of primary energy and emissions of CO₂. In the case of a 25 kW heat pump, the percentage rises to 66.2% and 70.1% with a 35 kW heat pump. The reduction of primary energy used, between the first and last configuration of the hybrid system, stands at 1,507.2 kWh, equivalent to a decrease of 4.98%. As regards CO₂ emissions, the reduction is equal to 302.1 kg_{CO2}, equivalent to a decrease of 5.00%.

| 4. | Roma (| (Climatic Zone I |) – Low Temperature Terminals |
|----|--------|------------------|-------------------------------|
| | | | |

Table 14. Environmental aspects, low temperature plant - Rome.

| | | | | GENERATORS | |
|---------------------------|-----------|-------------------|---|--------------------------|--------------------------|
| Parameters | Generator | Unit | HP 20 kW BOILER 60 kW | HP 25 kW BOILER 60 kW | HP 35 kW BOILER 70 kW |
| Primary energy | HP | | 22038,05 | 23532,84 | 24702,98 |
| | BOILER | kWh | 4753,56 | 2285,26 | 428,34 |
| | TOTAL | | Unit HP 20 kW BOILER 60 kW HP 25 kW BOILER 60 kW HP 35 BOILER 42038,05 23532,84 24 22038,05 23532,84 24 4753,56 2285,26 25 26791,61 25818,10 22 4391,39 4689,25 4 4391,76 456,59 5 5341,15 5145,84 9 | 25131,33 | |
| | HP | | 4391,39 | 4689,25 | 4922,42 |
| CO ₂ emissions | BOILER | kg _{CO2} | 949,76 | 456,59 | 85,58 |
| | TOTAL | | 5341,15 | 5145,84 | 5008,00 |

| | | GENERATORS | | | | |
|---------------------------|------|--------------------------|--------------------------|--------------------------|--|--|
| Parameters | Unit | HP 20 kW BOILER 60 kW | HP 25 kW BOILER 60 kW | HP 35 kW BOILER 70 kW | | |
| Energy demand | kWh | | 44406,64 | | | |
| | kWh | 39599,13 | 42096,91 | 43974,64 | | |
| Energy provided - HP | % | 89,17% | 94,80% | 99,03% | | |
| Energy provided Deiler | kWh | 4807,51 | 2309,73 | 432,00 | | |
| Energy provided - Boller | % | 10,83% | 5,20% | 0,97% | | |
| Electricity absorbed UD | kWh | 10137,10 | 10824,67 | 11362,92 | | |
| Electricity absorbed - HP | € | 2027,42 | 2164,93 | 2272,58 | | |
| | Sm3 | 443,61 | 213,26 | 39,97 | | |
| Natural gas - Boiler | kWh | 4753,56 | 2285,26 | 428,34 | | |
| | € | 354,89 | 170,61 | 31,98 | | |
| Usage cost | € | 2382,31 | 2335,55 | 2304,56 | | |

Table 15. Operational aspects, low temperature plant - Rome.

Describing the data in *Tab. 14*, it is clear that, in the case of configuration with the 20 kW heat pump, this generator contributes 82.3% both as regards the use of primary energy and CO₂ emissions. In the case of a 25 kW heat pump, the percentage rises to 91.1%, up to 98.3% with a 35 kW heat pump. The reduction of primary energy used, between the first and last configuration of the hybrid system, stands at 1,660.3 kWh, equivalent to a decrease of 6.19%. As regards CO₂ emissions, the reduction is equal to 333.2 kg_{CO2}, equivalent to 6.24%.





Fig. 9. Satisfaction of the energy needs for the three combinations - Rome, low temperature.

The milder climatic conditions than the case of Milan, combined with lower peak demands, mean that the 20 kW heat pump is able to satisfy 89.2%, while in the system configuration with a 25 kW heat pump the satisfied fraction rises to 94.8%, up to 99.0% considering the largest size of this generator, 35 kW.

Also in this case, the regulation of the T_m using a climatic curve in the case of a low temperature system, ensures that there is not a *cut-off* temperature of the heat pump but, on the contrary, the generator is able to work throughout all the outside air temperature range.

Here below are reported the most significant quantities deriving from the comparison with a *standard efficiency* boiler, whose efficiency has been assumed to be equal to 0.80.

High Temperature

 Table 16. Comparison between hybrid system and standard efficiency boiler, Milan and Rome - high temperature.

| | | М | ILAN – CLI | MATIC ZO | NE E | E E ROME – CLIMATIC ZONE D | | | |
|---------------------------|-------------------|--------------------|--------------------------|--------------------------|--------------------------|----------------------------|--------------------------|--------------------------|--------------------------|
| Parameters | Unit | Standard Boiler | HP 20 kW Boiler 70 kW | HP 35 kW Boiler 70 kW | HP 42 kW Boiler 90 kW | Standard Boiler | HP 20 kW Boiler 60 kW | HP 25 kW Boiler 60 kW | HP 35 kW Boiler 70 kW |
| Deleventer | kWh | 130491,8 | 85984,0 | 80946,0 | 79853,3 | 59691,2 | 30295,1 | 29393,7 | 28787,9 |
| Primary energy | % | - | -34,1% | -38,0% | -38,8% | - | -49,3% | -50,8% | -51,8% |
| CO. emissions | kg _{CO2} | 26072,3 | 17167,9 | 16157,4 | 15938,2 | 11926,3 | 6043,1 | 5862,4 | 5741,0 |
| CO ₂ emissions | % | - | -34,2% | -38,0% | -38,9% | | -49,3% | -50,8% | -51,9% |
| A | € | 9742,20 | 6798,40 | 6549,40 | 6496,70 | 4456,40 | 2580,20 | 2531,90 | 2499,1 |
| Annual usage cost | % | - | -30,2% | -32,8% | -33,3% | | -42,1% | -43,2% | -43,9% |

Low Temperature

 Table 17. Comparison between hybrid system and standard efficiency boiler, Milan and Rome - low temperature.

| | MILAN – CLIMATIC ZONE E ROME – CLIMATI | | | | MATIC ZON | NE D | | | |
|---------------------------|--|--------------------|--------------------------|--------------------------|--------------------------|--------------------|--------------------------|---|--------------------------|
| Parameters | Unit | Standard Boiler | HP 20 kW Boiler 70 kW | HP 35 kW Boiler 70 kW | HP 42 kW Boiler 90 kW | Standard Boiler | HP 20 kW Boiler 60 kW | HP 25 kW Boiler 60 kW | HP 35 kW Boiler 70 kW |
| | kWh | 129335,3 | 75612,4 | 68019,6 | 66176,1 | 58754,9 | 26791,6 | 25818,1 | 25131,3 |
| Primary energy | % | - | -41,5% | -47,4% | -48,8% | - | -54,4% | -56,1% | -57,2% |
| | kg _{c02} | 25841,2 | 15086,9 | 13561,0 | 13190,4 | 11739,2 | 5341,2 | 5145,8 | 5008,0 |
| CO ₂ emissions | % | - | -41,6% | -47,5% | -49,0% | - | -54,5% | 26/91,6 25818,1 -54,4% -56,1% 5341,2 5145,8 -54,5% -56,2% 2382,30 2335,60 | -57,3% |
| | € | 9655,90 | 6307,60 | 6025,10 | 5963,20 | 4386,50 | 2382,30 | 2335,60 | 2304,60 |
| Annual usage cost | % | - | -34,7% | -37,6% | -38,2% | | -45,7% | -46,8% | -47,5% |

In the case of Milan, depending on the size of the hybrid generator, the reduction in primary energy used is between 34.1% (corresponding to 44,508 kWh) and 38.8% (50,639 kWh) in high temperature plant, up to values between 41.5% (53,723 kWh) and 48.8% (63,159 kWh) in low temperature plant. Another important aspect regarding the environmental sustainability is represented by the significant reduction in carbon dioxide (CO₂) emissions, with percentage values similar to the previous ones. In terms of absolute values, the decreases are between 8,904 kg and 10,134 kg in high temperature systems, up to values between 10,754 kg and 12,651 kg in low temperature applications.

In the case of Rome, depending on the size of the hybrid generator, the reduction in primary energy used is between 49.3% (corresponding to 29,396 kWh) and 51.8% (30,903 kWh) in high temperature systems, up to values between 54.4% (31,963 kWh) and 57.2% (33,624 kWh) in low temperature. There is also a significant reduction in carbon dioxide (CO₂) emissions, with percentage values similar to those of primary energy. In terms of absolute values, the decreases are between 5,883 kg and 6,185 kg in high temperature systems, up to values that are between 6,398 kg and 6,731 kg in low temperature applications.

As overall view, it is clear that a bigger heat pump allows to improve the CO_2 emissions reduction and primary energy savings, even if the difference with the case of the smaller heat pump is not so relevant.

6. Economic analysis of the investment

The following assessments will simulate two different scenarios: access to the *Superbonus* 110% or access to the *Ecobonus* 65%. This choice has been made because this study wants to find the best solution in the context of a renovation of a dated building that is, therefore, energy inefficient. It is precisely in this area that the Italian Government has allocated the aforementioned incentives, in order to facilitate the transition and energy optimization. The analysis, which takes into account the real costs of the generators and storage tank, aims to evaluate the feasibility and convenience of the investment considering a time span of 10 years. For each considered case, a database has been created where the values of:

- Annual savings (compared to a system with a standard efficiency boiler only);
- Return on investment in the case of Ecobonus 65% and Superbonus 110%;
- Return time of the initial investment (*Payback period*);
- Discounted cash flows;
- Net present value (NPV);
- Internal rate of return (IRR);
- Daily cost (Ecobonus 65% and 110%).

The results obtained for each city, system combination and type of plant are shown in the following pages.

1. Milan (Climatic Zone E)

| | | | HIGH | I TEMPERAT | URE | LOW TEMPERATURE | | | |
|--------------------|----------------|----------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--|
| Parameters | | Unit | HP 20 kW Boiler 70 kW | HP 35 kW Boiler 70 kW | HP 42 kW Boiler 90 kW | HP 20 kW Boiler 70 kW | HP 35 kW Boiler 70 kW | HP 42 kW Boiler 90 kW | |
| Initial investment | | | 26194,30 | 31223,50 | 35252,80 | 26194,30 | 31223,50 | 35252,80 | |
| Annual usage cost | | E | 6798,40 | 6549,40 | 6496,70 | 6307,60 | 6025,10 | 5963,20 | |
| DBONUS 65% | NPV | € | 11985,61 | 11789,90 | 10473,61 | 15179,75 | 15248,30 | 14004,80 | |
| | IRR | % | 14,99 | 13,37 | 11,66 | 17,37 | 15,60 | 13,77 | |
| | Payback period | years | 4,13 | 4,31 | 4,50 | 3,88 | 4,06 | 4,26 | |
| ß | Daily cost | € | 21,52 | 21,39 | 21,69 | 20,17 | 19,95 | 20,23 | |
| 10% | NPV | NPV € 20026,11 | | 21374,15 | 21294,68 | 23220,30 | 24832,55 | 24825,86 | |
| I SUN | IRR | % | 22,52 | 20,99 | 19,40 | 24,77 | 23,10 | 21,37 | |
| ERBO | Payback period | years | 3,20 | 3,31 | 3,42 | 3,05 | 3,16 | 3,28 | |
| SUPI | Daily cost | € | 18,63 | 17,94 | 17,80 | 17,28 | 16,51 | 16,34 | |

Table 18. Economic indices - Milan, high and low temperature.

The first difference between the different sizes of the hybrid system is the initial investment which, clearly, increases with the size of the heat pumps. In fact, there is a difference of $9,058.50 \in$ (corresponding to 34.6%) between the initial investment for the smallest configuration of the system and the largest.

Ecobonus 65% - High Temperature Terminals

The NPV value is almost the same for the two configurations of the hybrid system with 70 kW boiler (11,985.61 € and 11,789.90 € respectively), while for the option with 42 kW heat pump and 90 kW boiler, is recorded a slightly lower value (10,473.61 €). This is equivalent to saying that, investing 9,058.50 € more in the initial instant, at the end of the tenth year there is a return of 1,500 € less than the initial minor investment. Looking at the IRR value, it can be seen that the most favorable is the one resulting from the investment for the smallest configuration of the hybrid generator (15.0%). The worst, even in this case, is the one related to the higher initial investment (11.7%). Starting from what has just been described and considering the other tabulated data, it follows that by taking advantage of the 65% incentive, the investment that is most convenient, from a purely economic point of view, is the one for the smallest size of the hybrid system (HP 20 kW, boiler 70 kW).

Ecobonus 65% - Low Temperature Terminals

The NPV value is almost the same for the two configurations of the hybrid system with 70 kW boiler (respectively $15,179.75 \in$ and $15,248.30 \in$), while for the option with 42 kW heat pump and 90 kW boiler, is recorded a slightly lower value ($14,004.79 \in$). This is equivalent to saying that, investing $9,058.50 \in$ more in the initial instant, at the end of the tenth year there is a return of $1,200 \in$ less than the initial minor investment, thus making this solution less convenient from an economic point of view. Looking now at the IRR value, it can be seen that the most favourable is the one resulting from the investment for the smallest configuration of the hybrid generator (17.4%). The worst, even in this case, is the one related to the higher initial investment (13.8%). Starting from what has just been described and considering the other tabulated data, it follows that by taking advantage of the 65% incentive, the investment that is most convenient, from a purely economic point of view, is the one for the smallest size of the hybrid system (HP 20 kW, boiler 70 kW).

Superbonus 110% - High Temperature Terminals

The value of the NPV is almost the same (about $21,300 \in$) for the configurations of the hybrid system with 35 and 42 kW heat pump, while for the option with 20 kW heat pump a lower value is recorded (20,026.11 \in). This is equivalent to saying that, saving 9,058.50 \in in the initial instant, at the end of the tenth year there is, however, a return of 1,300 \in less than in the case with a higher initial investment. Looking now at the IRR value, it can be seen that the most favourable is the one deriving from the investment for the smallest configuration of the hybrid generator (22.5%). The worst is the one related to the higher initial investment (19.4%). Starting from what has just been described and considering the other tabulated data, it follows that by taking advantage of the 110% incentive, the most convenient solution, also taking into account the greater energy supply provided by the heat pump, is the medium size of the hybrid system (HP 35 kW, 70 kW boiler), followed closely by the minor investment which returns slightly lower NPV but higher IRR.

Superbonus 110% - Low Temperature Terminals

The NPV value is almost the same $(24,832.55 \notin and 24,825.86 \notin)$ for the hybrid system configurations with 35 kW and 42 kW heat pump, while for the 20 kW heat pump option a slightly lower value is recorded $(23,220.26 \notin)$. This is equivalent to saying that, saving 9,058.50 \notin in the initial instant, at the end of the tenth year there is a return of only 1,600 \notin less than in the case with a higher initial investment. Looking now at the IRR value, it can be seen that the most favourable is the one resulting from the investment for the smallest configuration of the hybrid generator (24.8%). The worst is the one related to the higher initial investment (21.4%). Starting from what has just been described and considering the other tabulated data, it follows that by taking advantage of the 110% incentive there is not a single more convenient solution. In fact, the minor and medium-sized investments are equally valid but, also taking into account the energy supply provided by the heat pump, it is preferable to invest in the medium size of the hybrid system (35 kW HP, 70 kW boiler).

In support of what has just been described, we now report the trend of discounted cash flows, also considering the initial investment:





In the case of *Ecobonus* it is clear from the graph that the minor investment generates the same revenues as the medium solution, while in the case of *Superbonus* we can see that the more convenient investment is the medium one that generates the same revenues as the higher investment.

| | | | HIGH TEMPERATURE | | | LOW TEMPERATURE | | | |
|--------------------|----------------|-------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--|
| Parameters | | Unit | HP 20 kW Boiler 60 kW | HP 25 kW Boiler 60 kW | HP 35 kW Boiler 70 kW | HP 20 kW Boiler 60 kW | HP 25 kW Boiler 60 kW | HP 35 kW Boiler 70 kW | |
| Initial investment | | € | 24982,10 | 26555,10 | 31223,50 | 24982,10 | 26555,10 | 31223,50 | |
| Annual usage cost | | | 2580,20 | 2531,90 | 2499,10 | 2382,30 | 2335,55 | 2304,60 | |
| ECOBONUS 65% | NPV | € | 4075,60 | 3781,20 | 2032,90 | 5086,70 | 4779,70 | 3017,20 | |
| | IRR | % | 8,64 | 8,15 | 6,25 | 9,58 | 9,04 | 7,04 | |
| | Payback period | years | 4,88 | 4,94 | 5,58 | 4,76 | 4,83 | 5,25 | |
| | Daily cost | € | 9,83 | 9,87 | 10,29 | 9,28 | 9,33 | 9,76 | |
| SUPERBONUS 110% | NPV | € | 11744,00 | 11932,50 | 11617,20 | 12755,10 | 12930,90 | 12601,50 | |
| | IRR | % | 16,63 | 16,18 | 14,47 | 17,49 | 16,99 | 15,18 | |
| | Payback period | years | 3,64 | 3,67 | 3,81 | 3,57 | 3,61 | 3,75 | |
| | Daily cost | € | 7,07 | 6,94 | 6,85 | 6,53 | 6,40 | 6,31 | |

2. Rome (Climatic Zone D)

Table 19. Economic indices - Rome, high and low temperature.

The first difference between the different sizes of the hybrid system is the initial investment. In fact, there is a difference of $6,241.40 \in (\text{corresponding to } 25.0\%)$ between the initial investment for the smallest configuration of the system and the largest.

Ecobonus 65% - High Temperature Terminals

The NPV value is almost similar for the two configurations of the hybrid system with 60 kW boiler (respectively 4,075.59 \in and 3,781.22 \in), while a lower value is recorded for the option with 35 kW heat pump and 70 kW boiler (2,032.92 \in). This is equivalent to saying that, by investing 6,241.40 \in more in the initial instant, at the end of the tenth year there is a return of 2,100 \in less than the initial minor investment. Looking now at the IRR value, it can be seen that the most favourable is the one resulting from the investment for the smallest configuration of the hybrid generator (8.6%). The worst, even in this case, is the one related to the higher initial investment (6.3%). Starting from what has just been described and considering the other tabulated data, it follows that by taking advantage of the 65% incentive, the investment that is most convenient, from a purely economic point of view, is the one for the smallest size of the hybrid system (HP 20 kW, boiler 60 kW).

Ecobonus 65% - Low Temperature Terminals

The value of the NPV is almost the same for the two configurations of the hybrid system with a 60 kW boiler (5,086.67 \in and 4,779.67 \in respectively), while a lower value is recorded for the option with a 35 kW heat pump and a 70 kW boiler, equal to 3,017.23 \in . This is equivalent to saying that, by investing 6,241.40 \in more in the initial instant, at the end of the tenth year there is a return of 2,000 \in less than the initial minor investment. Looking now at the IRR value, it can be seen that the most favourable is the one resulting from the investment for the smallest configuration of the hybrid generator (9.6%). The worst, however, is the one related

to the higher initial investment (7.0%). Starting from what has just been described and considering the other tabulated data, it follows that by taking advantage of the 65% incentive, the investment that is most convenient, from a purely economic point of view, is the one for the smallest size of the hybrid system (HP 20 kW, boiler 60 kW).

Superbonus 110% - High Temperature Terminals

The value of the NPV is almost the same for all configurations of the hybrid system: respectively 11,744.00 \in , 11,932.47 \in and 11,617.16 \in in increasing order in terms of installed power. This is equivalent to say that, taking into account the modest energy quantities involved, the various investments generate equivalent economic results, thus preferring a more contained investment. Looking now at the IRR value, it can be seen that the most favorable is the one resulting from the investment for the smallest configuration of the hybrid generator (16.6%). The worst is the one related to the higher initial investment (14.5%). Starting from what has just been described and considering the other tabulated data, it follows that by taking advantage of the 110% incentive, the most convenient solution, also considering the greater energy supply provided by the heat pump, is the intermediate size of the hybrid system (HP 25 kW, 60 kW boiler), followed closely by the minor investment which returns slightly lower NPV, but higher IRR.

Superbonus 110% - Low Temperature Terminals

The value of the NPV is almost the same for all configurations of the hybrid system: respectively 12,755.08 \in , 12,930.92 \in and 12,601.47 \in in increasing order in terms of installed power. This is equivalent to saying that, taking into account the modest energy quantities involved, the various investments generate equivalent economic results thus preferring a more contained investment. Looking now at the IRR value, it can be seen that the most favourable is the one resulting from the investment for the smallest configuration of the hybrid generator (17.5%). The worst, even in this case, is the one related to the higher initial investment (15.2%). Starting from what has just been described and considering the other tabulated data, it follows that by taking advantage of the 110% incentive there is no single more convenient solution. In fact, the minor and medium-sized investments are equally valid but, also taking into account the energy supply provided by the heat pump, it is preferable to invest in the intermediate size of the hybrid system (HP 25 kW, boiler 60 kW).

Conclusions

The most significant results achieved (energy and economic) are shown now. The following reductions have been calculated as the average between the values deriving from the different sizes of the system:

• High Temperature Systems ($T_{max} = 70 \ ^{\circ}C$)

This type of system is the most problematic because it allows a more limited use of the heat pump, which is able to produce a maximum water temperature of 60 $^{\circ}$ C.

- 1. *Milan*: it is achieved an average decrease in operating costs of 31.5% (3,150 €). As regards primary energy, there is an average saving of 36.5% (47,500 kWh). Finally, CO₂ emissions also drop by 36.5% (9,500 kg_{CO2}).
- Rome: it is achieved an average decrease in operating costs of 43.0% (1,950 €). As regards primary energy, there is an average saving of 50.5% (30,200 kWh). Finally, CO₂ emissions also drop by 50.5% (6,050 kg_{CO2}).

• Low Temperature Systems $(T_{max} = 40 \ ^{\circ}C)$

This type of system is the most favourable since it allows the greater and more efficient use of the heat pump.

- Milan: it is achieved an average decrease in operating costs of 36.5% (3,500 €). As regards primary energy, there is an average saving of 45.5% (58,500 kWh). Finally, CO₂ emissions also drop by 45.5% (11,800 kg_{CO2}).
- Rome: it is achieved an average decrease in operating costs of 46.5% (2,000 €). As regards primary energy, there is an average saving of 55.5% (32,750 kWh). Finally, CO₂ emissions also drop by 55.5% (6,580 kg_{CO2}).

Summarizing, for each type of plants, the greatest percentage reductions occur in climatic zones with a warmer climate (Rome), even if in terms of absolute values the greatest reductions occur in Milan: the reason is found in the climate conditions that significantly increase the energy need of the building. Furthermore, as already mentioned, the greatest decreases are reached in the case of a low temperature system, as the temperature required by the system (40 °C) ensures that the heat pump is able to work for every external air temperature value and, being the most efficient and least pollutant generator, it allows to achieve even more significant improvements.

From the economic analysis it emerges that, regardless of the size of the hybrid generator, with the *Superbonus 110%* incentive, the payback period (*PB*) results, for both climatic zones and types of systems:

3 years < PB < 3.8 years

While, in the case of the *Ecobonus 65%* incentive, there are different payback times based on the climatic zone, but similar for the different types of systems:

| Milan: | 3.9 years | < | PB | < | 4.5 years |
|--------|-----------|---|----|---|-----------|
| Rome: | 4.8 years | < | PB | < | 5.6 years |

Furthermore, also considering the NPV and IRR values as well as the PB, for all climatic zones, the results show that by taking advantage of the 65% incentive, end users are pushed to invest in the smaller size of the hybrid system, as it generates more advantageous economic quantities. On the contrary, with the 110% incentive, end users are pushed to support a greater investment, in particular for the medium size of the generator. Comparing the NPV and the IRR values between the different climatic zones, therefore evaluate where the investment for the hybrid system is more convenient, it can be said that the best economic results are obtained where the external air conditions are more rigid (Milan). The reason is that, as there are greater energy needs, the generator brings greater savings and revenues. Consequently where the climatic conditions are milder (Rome), therefore where the energy needs are limited, the economic indices assume lower values.

This analysis demonstrates how the energy efficiency of an existing multi-dwelling building can be implemented by renewing the thermal power plant with a *Factory Made* hybrid system in both high-temperature and low-temperature applications. Clearly the system terminals, and the envelope itself, greatly influence the behavior of a hybrid system of this type, both for the temperatures involved and the peak demand of the building. The results show that the best compromise between initial investment and primary energy reduction is the one with the lower ratio between heat pump and boiler power. A system of this type, considering a building renovation, has several other advantages: easy installation, smaller dimensions and lower costs for adapting the electric power supply line. Remaining in the context of multi-dwelling buildings, even in the case of comparison with heat pump-only installations, the hybrid system is the winner for the significant reduction in investment, the advantage of the redundancy of the generators and for the improvement of the heat pump efficiency at partial loads, ensuring a more regular operation of the compressors even at low speeds.

We strongly believe that to achieve the requirements set by the European Union it is necessary to progressively improve the entire building system, improving both the envelope and the existing thermal plants.

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